Mars/Avril 2020

5TTR - Langue Moderne I (ANGLAIS)

CAHIER DE TRAVAIL

NOM :_____

Cahier de travail Mars/Avril 2020 5TTR Gonda P. / Rousselle V.

Introduction

Chers élèves, chers parents,

Comme vous le savez, nous voici confinés pour les quelques prochaines semaines. Les directives en matière de continuité des apprentissages sont

claires: par souci d'équité, nous ne pouvons pas avancer dans la matière.

En revanche, nous pouvons proposer des exercices de remédiation et de

consolidation. C'est ce que nous avons décidé de faire.

Vous trouverez dans ce syllabus des exercices sur les différents points de

grammaire et/ou vocabulaire travaillés tout au long de cette année ainsi

que deux exercices de compétences (lecture et audition). Ces exercices ne

seront en aucun cas évalués.

Cependant, nous vous conseillons tout de même de réaliser quelques

exercices de temps en temps en guise de "drill" et pour maintenir un

certain contact avec la langue. Une langue, pour ne pas être oubliée, DOIT

s'entretenir régulièrement.

Vous pouvez faire les exercices à votre rythme et nous les renvoyer au fur

et à mesure sur nos adresse e-mail: vicky.rousselle3792@gmail.com ou

<u>gonda.pauline@gmail.com</u> (selon votre professeur). Nous vous

transmettrons alors la correction des exercices réalisés.

Voici également un bon dictionnaire en ligne au cas où certains mots

poseraient problème: https://www.wordreference.com/

N'hésitez pas à nous contacter si vous avez la moindre question.

Bon travail :-)!

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PART I - GRAMMAR AND VOCABULARY

GRAMMAR - PRESENT SIMPLE AND PRESENT CONTINUOUS

1. Put the verbs between brackets in the present simple or continuous.

A. Mister Smith		(teach/usually)	French but he
	_ (teach) history th	is year.	
B. They	(study) f	or their exam at tl	ne moment.
C. A lot of tourists		_ (visit) this place	e each year.
D	(you/com	e) with	me tonight?
	_ (you/want) to go	to the cinema?	
E. I'm a secretary, I		(work) in an c	office. But today,
I	(not work), I		
(read) a detective novel.			
F. The moon	(go)	around the earth.	
G. I		(suppose	e) you
	_ (not	understand)	what I
	_ (want) to tell you		
H. Julia is very good at languag	es. She		(speak) for
languages very well.			
I. "	(you/listen) t	o the radio?" - No	o, you can turn it
off.			
J. "	(you/listen) to	the radio every	day?" - No, just
occasionally.			

2. Same exercise but with a text!

Dear Tara, I _____ (have) a fantastic time in Florida. I _____ (stay) with my aunt and uncle and two cousins. I ______ (have got) a long list of books to read before next term, but I _____ (not read) any of them. Instead, I ______ (get) a tan and I ______ (study) the art of relaxation. Right now, I ______ (sit) in the garden with my feet in the swimming pool. I _____ (drink) a big chocolate milkshake. (shine) The sun and the birds (sing). Every day, ______ (go) to the beach. I _____ (learn) to water ski. I'm not very good yet and I ______ (fall/often) over but it's fun. I ______ (borrow/sometimes) my cousins' jet ski. It's brilliant fun but the jet-ski I'm afraid (make) a terrible noise, the people on the beach _____ (not like) it. The food here is great! I ______ (get) fat because it's so delicious. I _____ (have/usually) a milkshake and ice cream for breakfast. We _____ (not eat) a big lunch - usually sandwiches and fruit salad. In the evenings, my uncle (have/always) barbecue. Ι а

_____ (love) the hamburgers and sausages here.

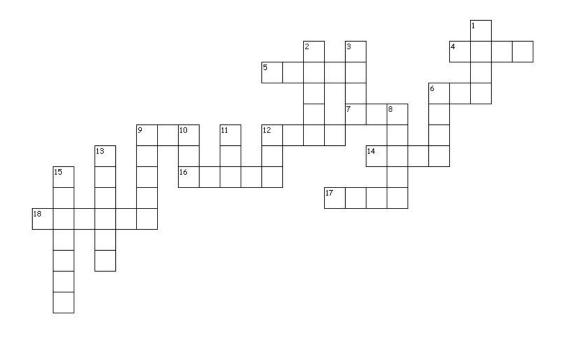
	(you/ha	ve) a nice time in Cambri	dge? Is your job at
Fatsy's Pizzaz OK? V	Vhat time		_ (you/start) work
every day?		(you/get) a free lunch	at the restaurant?
	(Martir	n/work) hard for his exams	?

Write soon and tell me all your news!

Linda

GRAMMAR – PAST SIMPLE AND PAST CONTINUOUS

1. PAST SIMPLE: USE THE CUES TO FILL IN THE CROSSWORD PUZZLE BOXES.



Across

- 4. leave past simple
- 5. speak past simple

- 6. get past simple
- 7. do *past simple*
- 9. see *past simple*
- 12. make past simple
- 14. come past simple
- 16. spend past simple
- 17. take past simple
- 18. forget past simple

Down

- 1. go past simple
- 2. find past simple
- 3. read past simple
- 6. give past simple
- 8. drink past simple
- 9. sleep *past simple*
- 10. be *past simple*
- 11. eat past simple
- 12. meet past simple
- 13. buy past simple

2. Past simple: Fill in the gaps with the verbs provided below (irregular verbs).

A lucky day

Yesterday I	when my alarm clock	k My
	immediately and she	
	cereal and	
	a shower and got dressed. I	
T-shirt and the	trousers my grandma	me in New York during
the holidays.	My goldfish	towards me when he
	me and I	him.
	e – eat – choose – drink - bring –wake up – s	
	Dad calling me. He asked me if I	
lessons. I	him I	them by heart and he
	me to school. He r	ne some pocket money to
buy a croissant.	I it and	thank you.
	a love letter in my loc	
	it to me. I	
	I was the most handsome boy	in my class and it
	me feel great!	
read – hear -	-learn - take - say x2 - find - know - send -	give – make – tell – drive
I	her some earrings	for her birthday. They
	_ me a lot of money but they're beautiful.	
	a maths test which I	was a
piece of cake. I ₋	everything.	
On my way home	e I a rainbow.	

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After	having	dinner	I		my	homework	and	then
		t	o bed. I			like a log (F	R: sou	che) in
my car	shaped b	ed. I		I _		t	he Grar	nd Prix
I wish	every day	could be	as perfect.					
C	do – win –	buy – cos	t – think – se	ee – go – drean	n - unde	erstand – slee	p – hav	e

3. Choose between the past simple or past continuous.

- A. She saw / was seeing the spider as she bought / was buying some fruit.
- B. His mobile phone rang / was ringing while he drove / was driving.
- C. Neil arrived / was arriving late while his boss made / was making a speech.
- D. They played / were playing football when it started / was starting to rain.
- E. We had / were having a party when I took / was taking this photo.
- F. We **heard / were hearing** the results as we **travelled / were travelling** in France.
- G. Bill suddenly realized / was suddenly realizing that he drove / was driving the wrong direction.
- H. I had / was having to wait a little: he worked / was working when I arrived/was arriving.
- I. Unfortunately, when I arrived / was arriving, Ann left / was leaving, we only had / were having time for a few words.
- J. Who did you talk to / were you talking to when I entered / was entering the room?

4. Put the verbs between brackets in the past simple or past continuous.

Α.	He	(sleep) when the doorbell
	(ring).	
В.	We	(eat) dinner at 8pm last night (we started eating at
	7:30).	
C.	Yesterday I _	(go) to the post office
		(buy) some fruit at the supermarket and
		(read) a book in the park.
D.	We	(watch) TV when we (hear)
	a loud noise.	

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E.	Julie	(be	e) in	the	garden	when	Laurence
		(arrive).					
F.	A: What	(you	ı / do) a	ıt 3pm y	yesterday	?	
G.	B: I	(clean) n	ny house	e.			
Н.	Last year I	(\	/isit) Pa	ris and	Rome.		
I.	They		(have)	dinn	er wh	en the	e police
		_(come).					
J.	He	(w	ork)	in t	he gar	den w	hen he
		(find) the mo	ney.				
K.	Laura	(study) at 11p	m last	night.		
L.	I	(walk) alor	ng the r	oad wh	en I		
	(meet) a friend.						
М.	It	(be) a	day	in I	Decembei	r. Snow
		(fall), childre	en			(sing)	carols and
	people	(do) t	heir sho	pping.			
N.	My ex-boyfriend			(be) so	annoy	ring! He
		(always / n	niss) th	e bus	and		
	(arrive) late.						
Ο.	When I	(call)	Julie, s	she			(work).
Р.	Why	(you	/ cry)) wher	ı I		
	(arrive)?						
Q.	When he	(ge	t) home	, we sto	arted to e	at dinner	
R.	At 10am yesterday I _			(sit) o	n a bus.		
S.	I	(enjo	y) m	y bo	ok so	much	that I
		(not / notice) the tro	ain had	stopped.		
Т.	David	(not	/ sleep	p) whe	n I		
	(arrive), he	(study)!				

U.	Mr Black	(not / work) in the garden at 10pm last night.
٧.	It	(be) a day last September. The sun
		(shine), the birds
		(sing). I (walk)
	along the street when I	(meet) an old friend.
W.	He	(live) in Russia when the Revolution
		(start).
Χ.	When her train	(get) to the station, we
		(wait) on the platform.
Y.	He	(be) so annoying! He
		(always / leave) his things everywhere.
Z.	On holiday we _	(visit) Rome,
		(see) the Vatican, and
		(spend) a few days at the beach.
AA.	Why	(you / stand) on a chair when I
		(come) into the room?

GRAMMAR – PAST SIMPLE AND PAST PERFECT

1. MATCH THE FIRST HALVES OF THE SENTENCES WITH SECOND HALF.

I COULDN'T FIND MY BIKE BECAUSE (A)	I HAD ALREADY SEEN THE FILM (1)
I DIDN'T WANT TO GO TO THE CINEMA BECAUSE	MY SISTER HAD RECOMMENDED IT (2)
(B)	
I DIDN'T RECOGNIZE JACK BECAUSE (C)	I HAD LEFT MY PASSPORT AT HOME (3)
I BOUGHT THE BOOK BECAUSE (D)	SOMEBODY HAD STOLEN IT (4)
I COULDN'T CATCH THE FLIGHT BECAUSE (E)	I HADN'T SEEN HIM FOR 30 YEARS (5)
I DIDN'T WANT TO CALL JANE AGAIN BECAUSE	I HAD FORGOTTEN TO CHARGE IT (6)
(F)	
MY PHONE DIDN'T WORK BECAUSE (G)	I HAD ALREADY CALLED HER 3 TIMES (7)

A:	/B: /	C:	/D:	/E:	/F:	/G:
· · · · — ·	//	· ·	/	<i>, -: :</i>	<i>, , ,</i>	/ 0

2. Put the verb between brackets in the past simple or past perfect.

A. After we	(eat) at the cafeteria,we
	(go) to the zoo.
B. Pat	(watch) TV after she
(finish) her homework.	
C. When I	(arrive) to the car park, I
(find out) that my car	(disappear).
D. The children	(be) amazed because they
(see/never) a bear befor	e.
E. By the time the film _	(eat)
a lot of popcorn.	
F. We	(have) the car for ten years before it(break)
down.	
G. She	(understand) the film she saw yesterday
because she	(read) the book.
H. John Smith	(go) to prison because he
	(steal) a lot of money.
I. The fire	(reach) the roof by the time the firemen
	(arrive).
J. My father	(buy) the new car after he
	(trv) it several times.

GRAMMAR – PAST SIMPLE AND PRESENT PERFECT

1. Put the verbs between brackets in the past simple or present perfect simple. Highlight the words that helped you.

A. We	(not/hear) from Susan since she
	(move) to Edinburgh last November.
B. They	(be) married for 10 years and are very
happy together.	
C. "When	(they/get) engaged?" - I think they
	(get) engaged last July.
D. I	(see/just) the postman across the road.
E. I	(phone) the office at ten. "Steve isn't there
today", they said.	
F. Karen	(love) Mexico when she first
	(see) it.
G. "	(you/ever/be) to New York?" - No, but I
	(go) to Miami five years ago.
H. It	(be) dry so far this week, but last week
	(be) very wet.
I. I'm sorry but I	(not finish) the job yet.
J. She	(work) there for ten years and then she
	(move).
K. Colombus	(discover) America more than 400
years ago.	

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5TTR L. I	(not see) you for more than a year. I miss	
you!		
M. How long	(know) him?	
N. I	(start) translating this book last month but I	
	(not finish) yet.	
O. I	(not see) any plays this season.	
P. When he	(get) off the plane, he	
	(go) to get some aspirin. That was quite a while	
ago.		
Q. I	(not see) you since we	
	(meet) a year ago.	
R. How long ago	(happen/the last war)?	
S. I	(not eat) caviar since I	
	(be) in Moscow.	
T. My brother	(already/write) 5 mails today!	
2. FILL IN THESE SENTEN	CES WITH SINCE OR FOR.	
A. You haven't sent me any mone	/last April.	
B. They have lived in this street _	the last ten years.	
C. She hasn't spoken to me ten o'clock.		
D. They have lived in this street quite a long time.		
E. I haven't driven a car	I got my driving licence.	
F. There hasn't been a famine her	e centuries.	
G. It hasn't rained here	more than a month.	

H. She has worn the same old dress $___$ last week.

I. You haven't called me $___$ Easter Day.

J. There hasn't been a war here _____ 1996.

3. Translate the following sentences.

A.	Cela fait trois heures qu'il est réveillé [<i>awake</i>].
В.	Il est en mer [at sea] depuis plus de 6 semaines.
C.	Depuis combien de temps est-elle professeur d'anglais ?
D.	Son roman est un best-seller depuis presque un an.
E.	Nous y sommes allés il y a trois ans.
F.	Combien de comédies Shakespeare a-t-il écrit ? Je ne sais pas mais il les as
	écrites quand il était jeune.
G.	J'ai marché trop vite, c'est pourquoi je suis fatiguée.

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- H. Il a beaucoup travaillé la semaine dernière.
- I. Ça n'a jamais marché.
- J. 10. Il vient d'écrire un article sur notre école.

GRAMMAR - Present perfect simple and present perfect continuous

1. Put the sentences between brackets in the present perfect simple or present perfect continuous.

Α.	It's still raining. It (rain) for hours!
В.	The students (revise) for their Spanish exam for
	two weeks.
C.	I'm sorry, Monica is not here She (go) out.
D.	How long (learn) English?
E.	I (never/understand) Maths and Physics.
F.	I (just/speak) to my cousins. They told me the
	news.
G.	Is the lawn finished? Yes, Gonzalo (cut) the grass.
Н.	We are really tired because we (train) for the
	marathon since eight o'clock.
I.	I (write) emails all day.

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J.	My brother	(buy) a new motorbike. It looks great!
K.	-	(you/ever/see) Altamira Cave? It's so beautiful!
L.	Sorry we are late. How	long (you/wait)?

2. CIRCLE THE CORRECT FORM OF THE VERB (PRESENT PERFECT SIMPLE OR CONTINUOUS).

- A. We have known / have been knowing Jack and Ann for years.
- B. You look very hot! Have you worked out / have you been working out at the gym?
- C. Emily hasn't done / hasn't been doing her homework yet, so I'm afraid she can't go out.
- D. They don't live in London. They have moved / have been moving.
- E. I haven't had / haven't been having time to cook anything.
- F. We have walked / have been walking for hours. Is this the right way?
- G. Have you read / have you been reading my diary again?
- H. Oh no! I have cut / have been cutting myself with this knife.
- I. I have shopped / I have been shopping all day. I'm exhausted.
- J. "Take your shoes off. They're filthy" I know, I have worked / have been working in the garden.

GRAMMAR - MIXED TENSES

1. Put the verbs between brackets in the correct tense (present simple, present continuous, past simple, past continuous, past perfect, present perfect simple and present perfect continuous).

Α.	I (be) born in New York but (spend)	
	most of my childhood in Europe. We (live) in Portuga	ıl when
	my father (die)	
В.	My sister (join) the airforce when she was 22.	
C.	In Brussels they (continually/ pull) down old houses ar	nd (put)
	up new ones.What a shame for those beautiful old buildi	ings!
D.	My home town (change) its appearance completely sir	nce the
	1950s. Two years ago they (call) in a famous architec	t, who
	(already/ design) some important public buildings. N	Now he
	(prepare) the plans for a new market square.	
E.	Lend me your rubber. I (make)a mistake and I	(want)
	to rub it out.	
F.	I (see) you yesterday. You (have)	a
	beer at the café, but you (not/ see) me.	
G.	'(you/ read) 'David Copperfield'? '	
	'I (begin) the book last week and I (just/	finish)
	it.	
Н.	'(you/ like) chess?'	
	'Yes, but I (not/ play) for many years. I	(live)
	with a good chess player for the last six months, but he	(play)
	extremely well and I (not/ wish)	to
	play with him.	
I.	'We (wait) here for half an hour now, so I (not/	think)
	she will come, Is she always late or (you/	think)
	something (happen) to her?	

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J.	I hear you (just/ get)married. Where (the ceremony/ take)
	; place?
K.	He (sleep) and he (not/ hear) what
	you (tell) him.
L.	After she (work) at the hospital for two years, she (decide)
	to give up the job.
М.	We (watch) TV when it (start) to
	rain.
N.	Look! It (rain), so we can't go to the beach!
0.	Th sun (rise) in the East.
Р.	While the doctor (examine) John, his son (wait)
	outside.
Q.	After Larry (see) the movie he (decide)
	to buy the book.
R.	When Carol (call) last night, I (watch)
	a movie.
S.	I (work) for this company for more than 30 years and I
	intend to stay here until I retire!
Т.	Sharon (love) to travel. She (go)
	abroad almost every summer.
U.	Thomas is an author. He (write) mystery novels and
	travel memoirs. He (write) since he was 28. Altogether,
	he (write) seven novels, three collections of short stories
	and a book of travel

2. Translate the following sentences into English.

A.	Tu l'attends depuis une heure mais il n'est pas encore arrivé.
В.	Je te l'ai déjà demandé 2 fois!
C.	Nous ne voyons jamais Tom. Cependant, il vit près de chez nous.
D.	Mary ne peut pas répondre au téléphone, elle prend son bain!
E.	Il n'a pas reçu de courrier depuis qu'il est arrivé en Angleterre.
F.	Le directeur entra dans la classe alors que les élèves parlaient.
G.	Je suis désolée, je n'ai pas encore terminé!
Н.	Lorsqu'elle est arrivée au cinéma, le film avait déjà commencé.
I.	Ma soeur connait Peter depuis l'année passée.
J.	John écrivait une lettre quand le téléphone sonna.

A. My uncle died _____ the war.

GRAMMAR - WHILE, FOR AND DURING

1. FILL IN THE SENTENCES WITH WHILE, FOR OR DURING.

В.	The phone rang I	was having supper		
C.	C. I lived in Paris several years.			
D.	D I was in Paris, I made a lot of friends.			
Ε.	E. I was in hospital three weeks.			
F.	my stay in hospi	tal, the nurses look	ed after me very w	ell.
G.	He lived in London	_ ten years.		
Н.	I hurt my leg I w	as playing football	yesterday.	
I. :	I hurt my leg the	second half of the r	natch.	
K. ⁻	The traffic is always very bo	ad the rus	sh hour.	
J. I	Last week, I was held up	3 hours bec	ause of the traffic.	
K.	Peter came round	we were eating.		
	GRAMMAR	– COMPARATI	VES AND SUPER	RLATIVES
	GRAMMAR	– COMPARATI	VES AND SUPER	RLATIVES
1				
	FILL IN THE	FOLLOWING	SENTENCES	WITH THE
		FOLLOWING	SENTENCES	WITH THE
	FILL IN THE	FOLLOWING FRLATIVE (OF S	SENTENCES SUPERIORITY).	WITH THE
CC	FILL IN THE OMPARATIVE OR SUPE	FOLLOWING FRLATIVE (OF S	SENTENCES SUPERIORITY)tho	<i>WITH THE</i> an mine.
C C	FILL IN THE OMPARATIVE OR SUPE Her dress is (pretty) _	FOLLOWING FRLATIVE (OF S	SENTENCES SUPERIORITY)tha	WITH THE an mine. mals we can find.
СС А. В.	FILL IN THE OMPARATIVE OR SUPE Her dress is (pretty) Cheetahs are (fast)	FOLLOWING FRLATIVE (OF S	SENTENCES SUPERIORITY)tha	WITH THE an mine. mals we can find.
СС А. В.	FILL IN THE OMPARATIVE OR SUPE Her dress is (pretty) Cheetahs are (fast) Eating fruit and veget	FOLLOWING ERLATIVE (OF S	<i>SENTENCES SUPERIORITY)</i> tho	WITH THE an mine. mals we can find.

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E.	China has (many)	people than any other
	country in the world.	
F.	The blue whale is (heavy)	animal in the
	world.	
G.	Which is (big)	, Portugal or Spain?
Н.	Travelling by plane is (comfortable)	than
	travelling by car.	
I.	He is (untidy)	person in class.
J.	Buying things from plastic is (bad)	than
	buying things from recycled paper.	
A. T	¯u es plus en sécurité ici que là-bas.	
В. Т	ū parles plus lentement que le professeur.	
C. ⊢	lier était le jour le moins chaud de l'année.	
D. C	C'est le film le plus marrant que j'ai jamais vu.	
E. T	ïm est plus talentueux que Peter.	
F. I	l ne fait pas aussi froid en Suède qu'au Groenland	d.
G. L	Jn vélomoteur est plus dangereux qu'une voiture	

- I. Le chinois est l'une des langues les plus difficiles au monde.
- J. Vos valises ne sont-elles pas plus lourdes que les nôtres?

GRAMMAR - LINKING WORDS

1. FILL IN THE BLANKS WITH THE LINKING WORDS PROVIDED BELOW.
YOU CAN USE THEM MORE THAN ONCE.

WHEREAS, BUT, ALTHOUGH, DUE TO, HOWEVER, DESPITE, SINCE, IN SPITE
OF, ON THE OTHER HAND, THEREFORE, WHILE, NEVERTHELESS

A Andrew was warned of the	e risks, he decided to
travel alone to South America.	
B. Maria did not get a promotion	her qualifications.
C. Zambia is a land-locked country	Kenya has a
coastline.	
D. On the one hand, you can rent a flat instea	ıd of buying one.
, you are always at the mercy o	f landlords.
E. This restaurant has a good reputation	that one
does not.	
F. The city has a 50 kph (kilometers per hour) limit.	
people are often caught because they drive faster.	
G. You won't be forgiven your	apology.
H. He always looks so lonely and sad	his popularity.

_	
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I. He is quiet and shy	his sister is lively and
talkative.	
J	it was summer, the nights were quite chilly.
K	his great qualifications, he couldn't manage to
find a job.	
L. The piece of wood hit the m	an on the head, he
wasn't injured.	
M	it's your money, you can do what you like with it.
N. My mother wanted to keep he	er brain active, she
took up a hobby.	
2. CIRCLE THE CORRECT AN	ISWER.
A. Dan says he won't accept the	job they raise the salary.
ALTHOUGH	
• DESPITE	
• EVEN IF	
• WHEREAS	
B. Jack is good at sports	his brother is artistic.
• EVEN IF	
WHEREAS	
• IN CASE	
ALTHOUGH	
C he is ve	ery wealthy, he never gives money to charity.
EVEN THOUGH	
• DESPITE	
• EVEN IF	
• WHEREAS	
D. Her salary is higher than mine	e we do the same work.

- ALTHOUGH
- DESPITE
- HOWEVER

E.	. We enjoyed the meal	the wonderful cookin

- BECAUSE OF
- ALTHOUGH
- NEVERTHELESS

GRAMMAR & VOCABULARY

- 1. TRANSLATE THE FOLLOWING SENTENCES. THEY ALL MIX ELEMENTS OF GRAMMAR AND VOCABULARY THAT WE HAVE BEEN WORKING ON THIS YEAR.
- A. Les joueurs doivent obéir à l'arbritre et ne peuvent pas tricher. C'est la règle!
- B. Si j'étais toi, je réduirais ma consommation en sodas et malbouffe.
 - Tu as raison. Si je suis tes conseils, je serai en meilleure santé.
- C. La population américaine est la plus grasse du monde! En effet, les enfants ont une alimentation moins saine que la nôtre et les personnes meurent plus tôt que dans notre pays.
- D. J'essaye de rester à l'écart des jeux vidéos depuis 3 jours mais c'est très difficile.

- E. Peux-tu me dire comment tu as abandonné ta dépendance aux jeux d'argent?
- F. En ce qui me concerne, je pense que tu devrais essayer de manger sainement.
- G. As-tu déjà écouté la nouvelle chanson d'Ed Sheeran?Je pense qu'il la chantera à son concert qui a lieu le 7 juillet. J'y vais d'ailleurs, je viens juste d'acheter mes tickets en ligne.

PART II - SKILLS

READING SKILLS - ADDICTION TO INTERNET IS AN "ILLNESS"

Contexte:

Ton meilleur ami et toi ne vous voyez plus beaucoup ces derniers temps car celui-ci passe son temps à jouer à des jeux en ligne ou à trainer sur internet derrière son écran d'ordinateur. Il a toujours aimé cela mais depuis quelques temps, c'est devenu une obsession. Tu as déjà essayé de lui ouvrir les yeux sur son addiction et tenté d'avoir une discussion sur le sujet mais rien n'y fait. En surfant sur Internet, tu tombes sur un article très intéressant sur le sujet en anglais et tu décides de faire une ultime tentative en envoyant un résumé de celui-ci à ton meilleur ami.

Tâche:

Afin de conscientiser ton meilleur ami, rédige-lui, en français, un compte-rendu précis et détaillé de l'article en te basant sur les points suivants (tu as droit au dictionnaire 10 minutes) :

- Les différentes composantes de l'addiction à Internet
- La situation aux USA et en Corée du Sud
- L'expérience de Harry Husted



Answer sheet:					

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Addiction to Internet 'is an illness' Tense? Angry? Can't get online? Internet addiction is now a serious public health issue that should be officially recognised as a clinical disorder, according to a leading psychiatrist.

Excessive gaming, viewing online pornography, emailing and text messaging have been identified as causes of the disorder by Dr Jerald Block, in the respected American Journal of Psychiatry. Block argues that the disorder is now so common that it should be included in the Diagnostic and Statistical Manual of Mental Disorders. He says Internet addiction has four main components:

- Excessive use, often associated with a loss of sense of time or a neglect of basic drives;
- Withdrawal, including feelings of anger, tension and/or depression when the computer is inaccessible;
- The need for better computers, more software, or more hours of use;
- Negative repercussions, including arguments, lying, poor achievement, social isolation and fatigue.

A case study is South Korea, which has the greatest use of broadband in the world. Block points out that 10 people died from blood clots from remaining seated for long periods in Internet cafes and another was murdered because of an online game. Their country now considers Internet addiction as one of its most serious public health issues.

The government estimates that around 210,000 South Korean children are affected and in need of treatment. 80 per cent of them might need drugs targeting the brain and nearly a quarter could need to go to hospital. Since the average high school pupil there spends about 23 hours per week gaming, another 1.2 million are believed to be at risk of addiction and require basic counselling. There has been alarm over a rising number of addicts dropping out of school or quitting their jobs to spend more time on computers. In China it has been reported that 13.7 per cent of adolescent Internet users, about 10 million, could be considered addicts.

Block, a psychiatrist at the Oregon Health and Science University in Portland, writes that the extent of the disorder it is more difficult to estimate in America because people tend to surf at home instead of in Internet cafes. But he believes there are similar cases and says: "Unfortunately Internet addiction is resistant to treatment and has high relapse rates." He told The Observer that he did not believe specific websites were responsible. "The relationship is with the computer," he said.

"First, it becomes a significant other to them. Second, they exhaust emotions that they could experience in the real world on the computer, through any number of mechanisms: emailing, gaming, porn. Third, computer use occupies a tremendous amount of time in their life. Then if you simply try to remove the computer, they've lost their best friend. That can take the form of depression or rage."

Harry Husted, a single 51-year-old from New York, spends 16 hours a day on the Internet. He insists that he is not addicted, but admits that he used to be. "I used to work with computers for eight hours, then get home and go online for seven hours. I would stay up until two or three in the morning or until I got so sleepy I had to go to bed. I wouldn't go out to get the groceries and I couldn't have cared less about friends, TV, anything. After a while I realized what was happening and did something about it. Now if I use Instagram it's only to advertise my business."

Internet addiction clinics have sprung up around the world in an attempt to wean people off their need for a fix. Many people have turned, apparently without irony, to web discussion boards with names such as Internet Addicts Anonymous. The Centre for Internet Addiction Recovery in Bradford, Pennsylvania, says Internet addiction has become a growing legal issue in criminal, divorce and employment cases.

LISTENING SKILLS - STAYING HEALTHY OVERSEAS

Contexte:

Tu as décidé de prendre une année sabbatique et de partir voyager à travers le monde après ta rhéto. Cependant, tu sais que tu as tendance à prendre du poids assez rapidement et te demande si tous ces changements de pays et d'habitudes alimentaires ne risquent pas d'avoir une influence négative sur ta santé. Tu décides de rechercher des témoignages de personnes relatant la manière dont ils se sont adaptés d'un point de vue santé, sport et nourriture lors de leur tour du monde et tu tombes sur celui de Karen.

Tâche:

Prends-note des différentes informations données par Karen sur son régime de vie dans les pays où elle est allée (mentionne également ces pays!). Prends également note de son avis sur le régime alimentaire/mode de vie anglais. Veille à répondre de manière précise, détaillée et structurée, en français. Tu as droit à 3 écoutes dont une avec pauses.

Voici le lien où tu trouveras la piste audio :

http://www.elllo.org/english/0701/T741-Keren-Overseas.htm



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